



THROUGH MY EYES: THE BEST CHOREOGRAPHIC WORK IS TOURING QUEBEC!

Montréal, Wednesday, February 5, 2020 – In the coming months, **Bouge de là** will take its 20 years of dance experience right across Quebec as *Through My Eyes* goes on tour. With visits planned to **14 cities** around the province and **2 Montréal boroughs** between March and May, the dance company geared towards young audiences will give **49 performances** of its most recent creation, which last fall was awarded the CALQ Prize for Best Choreographic Work in Quebec for 2018–2019 at the Prix de la danse de Montréal.

From Gatineau to Sept-Îles—with stops in the Eastern Townships, Laurentians, Gaspé Peninsula, Côte-Nord and other destinations—the *Through My Eyes* artistic team will be on the road in Quebec **from March 11 to May 21** to present **50 performances for schools and families** in no fewer than **10 administrative regions**. Bouge de là is extremely proud to provide access to dance for children all around Quebec by presenting the show everyone is talking about!

See the full schedule of performances at bougedela.org/en/shows/calendar/ for details.

THE LEADING PLACE FOR CULTURAL MEDIATION

Faithful to its commitment to introduce as many children as possible to dance, expression through movement and the pleasure of dancing with others, Bouge de là will also be leading cultural mediation workshops in schools, in the networks of certain broadcasters and at parent-child workshops held before or after some of the family performances on the 2020 winter-spring calendar. Personal experience with dance awakens the children's senses by establishing a positive contact with the art form and stimulating a desire to move their body. That is precisely the reason the company launched a new artistic learning game in November 2017. *26 cartes à danser* is a fun approach for children to discover dance in a truly meaningful and lasting way.

THROUGH MY EYES

A topsy-turvy playground that opens up on a colourful, graphical world, *Through My Eyes* brings us back to one of the loveliest things about childhood: a tireless capacity for wonder.

Target audience: Ages 3 and up | Duration: 40 minutes

SOURCE

BOUGE DE LÀ | bougedela.org | 514-508-9273

MEDIA RELATIONS

DANIEL MEYER | contact@danielmeyer.ca | 514-233-3056



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BOUGE DE LÀ

Established in 2000 by **Hélène Langevin**, Bouge de là creates, performs and distributes prime quality contemporary dance pieces for young audiences, while also developing a range of cultural actions to promote dance. The company remains one of the rare professional dance companies in Quebec devoted exclusively to creating dance presentations for children. In permanent residence at Maison culturelle et communautaire de Montréal-Nord since 2006, Bouge de là presents dance shows that are full of humour and poetry, and also incorporate various other artistic disciplines, including video, theatre and shadow puppets. The company has eight works in its repertoire. To date, Bouge de là has touched the lives of over 300,000 young people through more than 1,300 performances of its repertoire across Canada and, more recently, in China and Mexico. In 2017, Bouge de là launched the educational dance game *26 cartes à danser*, an initiative that has been warmly received by teachers, parents and funding organizations. **Bouge de là is celebrating its 20th anniversary in 2020.**

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DOCUMENTS TO DOWNLOAD

- > Photos
- > Videos
- > Media Excerpts
- > Presentation Package
- > Teacher's Guide
- > Program
- > Poster
- > ...& more!

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